

This menu is served the Weeks of: 8/6, 8/27, 9/17, 10/29, 11/19, 12/10, 1/21, 2/11, 3/4, 4/15, 5/6 & 5/27



Breakfast & Lunch Menus

Monday

Beef Sausage on Mini Round Bun^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Beef Nachos w/Jalapeno Cheese & Salsa Cup^{PK} OR
BBQ Pork* Rib on Whole Grain Bun OR
Power Pack: SunButter[®] Cup, Ranch Cheese Curds, Cheez-It[®] Crackers, Hartzels[®]
Whole Kernel Corn^{PK} or Chili-lime Baby Carrots
Green Apple Wedges, Mandarin Orange Cup^{PK}, or Whole Fruit
Tostitos[®] ^{PK}

Tuesday

Blueberry Waffles^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Homestyle Chicken Bites^{PK} OR
Chili w/Shredded Cheese OR
Power Pack: Cottage Cheese, Cheddar Cheese Stick, Sun Chips[®], Ranch Oyster Crackers
Broccoli Florets or Baby Carrots^{PK}
Fresh Pineapple Chunks^{PK}, Peach Cup, or Whole Fruit
Whole Grain Cornbread^{PK}

Wednesday

Pillsbury[™] Cherry Frudel[™] ^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Breaded Pork* Chop^{PK} OR
Cheeseburger on Whole Grain Bun OR
Power Pack: Jalapeno Cheese Cup, Crispy Fava Beans, Cinnamon Crisps[®], Tostitos[®]
Whipped Potatoes & Gravy^{PK}, or Tri-color Baby Carrots
Fresh Pears, Blueberry Applesauce Cup^{PK}, or Whole Fruit
Sweet Potato Roll

Thursday

Sausage* Pancake on a Stick^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Breaded Orange Chicken & Rice Bowl OR
Cheese Pizza^{PK} OR
Power Pack: Yoplait[™] Yogurt, Sunflower Seeds, Blueberry-lemon Crackers, Cheez-It[®] Crackers
Kyoto Blend Vegetables^{PK} or Baby Carrots
Mango Cubes^{PK}, Strawberry-banana Applesauce Cup, or Whole Fruit

Friday

Egg, Cheese & Turkey Bacon Pizza^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried^{PK} or Whole Fruit, Apple or Orange Juice

Hot Dog on Coney Bun^{PK} OR
Sriracha Chicken Sliders OR
Power Pack: Classic Hummus, Mozzarella Cheese Stick, Nacho Oyster Crackers, Hartzels[®]
Baked Beans^{PK} or Baby Carrots
Mixed Fresh Fruit^{PK}, Cinnamon Applesauce Cup, or Whole Fruit

Visit the Flavor Station to customize your lunch w/Ranch, French, Hot Sauce, BBQ Sauce, Parmesan Cheese, Mrs. Dash, Ketchup, Mustard, or Salad Dressing.



All meals include choice of Milk: 1% White, Fat-free Chocolate, Fat-free Strawberry or Fat-free Vanilla
Breakfast & lunch served at no charge to all IPS students. | Breakfast served a minimum of 15 minutes prior to the school day.
Please note this menu is subject to change. | This institution is an equal opportunity provider. | *Pork Product | ^{PK}Pre-K Menu

This menu is served the Weeks of: 8/13, 9/3, 9/24, 11/5, 11/26, 12/17, 1/7, 1/28, 2/18, 3/11, 4/22, 5/13 & 6/3



Breakfast & Lunch Menus

Monday

Maple Pancake & Chicken Sausage^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Breaded Chicken Filet on Bun OR
BBQ Beef Rib Sliders^{PK} OR
Power Pack: *SunButter[®] Cup, Ranch Cheese Curds, Cheez-It[®] Crackers, Heartzels[®]*
Green Peas or Baby Carrots^{PK}
Orange Wedges, Peach Cup^{PK}, or Whole Fruit

Tuesday

Apple Cinnamon Texas Toast^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Baked Ravioli & Meatballs w/Marinara Sauce^{PK} OR
Turkey Ham & Cheese Sub OR
Power Pack: *Cottage Cheese, Cheddar Cheese Stick, Sun Chips[®], Ranch Oyster Crackers*
Seasoned Green Beans^{PK} or Baby Carrots
Strawberry Cup, Mandarin Orange Cup^{PK}, or Whole Fruit
Cheese-stuffed Breadstick

Wednesday

Sausage, Egg & Cheese Sliders^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Chicken Tenders^{PK} OR
Breaded Fish w/Tartar Sauce OR
Power Pack: *Jalapeno Cheese Cup, Crispy Fava Beans, Cinnamon Crisps[®], Tostitos[®]*
Broccoli Florets^{PK} or Chili-lime Baby Carrots
Red Seedless Grapes^{PK}, Blueberry Applesauce Cup, or Whole Fruit
Whole Grain Pretzel

Thursday

Pillsbury[™] Maple Waffles^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Mini Chicken Corn Dogs^{PK} OR
Pepperjack Cheeseburger Sliders OR
Power Pack: *Yoplait[™] Yogurt, Sunflower Seeds, Blueberry-lemon Crackers, Cheez-It[®] Crackers*
Baked Beans^{PK} or Tri-color Baby Carrots
Fresh Pineapple Chunks^{PK}, Mixed Fruit Cup, or Whole Fruit

Friday

Sausage & Cheese on Mini Bagel^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried^{PK} or Whole Fruit, Apple or Orange Juice

Philly Beef & Cheese Flatbread Sandwich OR
Pepperoni Pizza^{PK} OR
Power Pack: *Classic Hummus, Mozzarella Cheese Stick, Nacho Oyster Crackers, Heartzels[®]*
Roasted Potatoes^{PK} or Baby Carrots
Mixed Fresh Fruit^{PK}, Strawberry-banana Applesauce Cup, or Whole Fruit

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Breakfast & Lunch Menus

Monday

Sausage* Pancake on a Stick^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Mozzarella Stuffed Breadsticks w/Marinara Sauce OR
Chicken Soft Taco^{PK} OR
Power Pack: SunButter[®] Cup, Ranch Cheese Curds, Cheez-It[®] Crackers, Heartzels[®]
Whole Kernel Corn^{PK} or Chili-lime Baby Carrots
Strawberry Cup^{PK}, Cinnamon Applesauce Cup, or Whole Fruit

Tuesday

Turkey Ham & Cheese on Hawaiian Roll^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Chicken-cheddar Burrito Rice Bowl OR
Cheeseburger Sliders^{PK} OR
Power Pack: Cottage Cheese, Cheddar Cheese Stick, Sun Chips[®], Ranch Oyster Crackers
Taco Fiesta Black Beans^{PK} or Baby Carrots
Red Apple Slices^{PK}, Peach Cup, or Whole Fruit

Wednesday

Strawberry Bagelful^{® PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Sausage* Links & French Toast Sticks w/Syrup OR
Grilled Cheese Sandwich^{PK} OR
Power Pack: Jalapeno Cheese Cup, Crispy Fava Beans, Cinnamon Crisps[®], Tostitos[®]
Hash Brown Potato Rounds or Baby Carrots^{PK}
Orange Wedges, Mixed Fruit Cup^{PK}, or Whole Fruit
Banana Muffin

Thursday

Chicken Sausage on Biscuit^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit^{PK}, Apple or Orange Juice

Honey Sriracha Boneless Wings OR
Spaghetti w/Meat Sauce Bowl^{PK} OR
Power Pack: YoplaitTM Yogurt, Sunflower Seeds, Blueberry-lemon Crackers, Cheez-It[®] Crackers
Broccoli Florets^{PK} or Tri-color Baby Carrots
Fresh Pineapple & Grapes^{PK}, Strawberry-banana Applesauce Cup, or Whole Fruit
Cheese Stuffed Breadstick

Friday

PillsburyTM Mini Cinnis^{PK} OR
Choice of any 2 items:
Fruit Yogurt Cup, Choice of Cereal
Cinnamon Gripz[®], Graham Crackers
Dried or Whole Fruit, Apple or Orange Juice^{PK}

Hamburger on Whole Grain Bun^{PK} OR
Stuffed Pepperoni Sandwich OR
Power Pack: Classic Hummus, Mozzarella Cheese Stick, Nacho Oyster Crackers, Heartzels[®]
Lettuce, Tomato Slices & Pickle Chips^{PK} or Baby Carrots
Fresh Melon^{PK}, Mandarin Orange Cup, or Whole Fruit

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